

By Elizabeth Kelleher



Essential Stuff: Pomegranate & Peppermint Foot Balm

Skincare

Essential Stuff: Pomegranate & Citrus Burst Body Butter

Sweet orange, clementine and ylang ylang essential oils lend Essential Stuff's new Pomegranate & Citrus Burst Body Butter an irresistible, summertime fragrance, while a potent combination of natural ingredients works to rejuvenate tired skin. Enriched with macadamia oil, jojoba oil, avocado oil,



rosehip oil, mango butter and cocoa butter, this fast-absorbing body butter softens and soothes dry skin and guards against damage caused by free radicals. This Australian-made, 100 per cent vegan product also contains Vitamin F to keep skin supple and Pomegranate and Vitamin E to help fight the signs of premature ageing. RRP \$37.95.

Summer is the season for perfectly pedicured feet and Essential Stuff's new



Pomegranate & Peppermint Foot Balm is just the thing for combating dry skin and cracked heels. Featuring antioxidant-rich pomegranate juice, which boasts a potent mixture of vitamins A, E and C, this rich, yet lightweight balm features peppermint essential oil to cool your feet and lime essential oil to refresh your skin and enliven your senses. Essential Stuff's Pomegranate & Peppermint Foot Balm also contains olive oil and avocado oil to nourish and protect skin, as well as rosehip oil, which is high in vitamin C, to reverse the effects of environmental damage. RRP \$24.70.



Indio: Vitamin A Age-Fighter

At this time of year, it's important to ensure your skin is looking its best and Indio's new Vitamin A Age-Fighter is perfect for giving skin the pick-me-up it needs after the party season. This high-strength serum delivers a potent dose of vitamin A, lipid layer enhancers and wrinkle-relaxing peptides via cutting-edge grape stem cell technology. It also contains a high dosage of antioxidants, including honeysuckle extract, to give you radiant, younger-looking skin. Contact Indio on (02) 9669 6858 to receive a free sample and experience this highly-effective product for yourself. RRP \$99.